



The Great Kindness Challenge

Classroom Curriculum

All kids deserve to learn in a safe, supportive and caring environment. The Great Kindness Challenge provides powerful tools that actively engage students, teachers, administrators, families and communities in creating a culture of compassion, acceptance, unity and respect.



About: The Great Kindness Challenge Classroom Curriculum is a multi-week kindness program for grades 1-8. With a curated kindness checklist and 50 corresponding SEL-focused kindness lessons, students actively create a culture of kindness while strengthening their social and emotional well-being.

The **kindness lessons** are designed to provide 15 to 45 minutes of interaction, reflection and fun! Each act of kindness from the classroom edition checklist has a corresponding kindness lesson. The easily sharable lessons include a visually captivating student flyer with art from youth around the world (available in PDF, JPEG, Google slides & PowerPoint). Corresponding teacher guides make the facilitation of the 50 kindness lessons a breeze!

Lessons featuring happy quotes, interesting facts, physical energizers and fun activities uplift students and inspire them to extend their kindness out to the world!

Where: Lessons are facilitated in the classroom by teachers, counselors, dedicated staff or trained volunteers.

How: It's easy! Simply sign up and get access to The Great Kindness Challenge tools. With our turnkey tools, planning and implementation is seamless.

Who: The curriculum is designed for students in grades 1-8. With some slight adaptations, the curriculum may be appropriate for PreK-K students as well.

When: The implementation is fully flexible. You choose when and how many kindness lessons to implement per week.

Our Impact

Over 21 million
students

21,287,464



Over 43 thousand
schools

43,255



Over 1 billion
acts of kindness

1,064,373,200



Over 130
countries

135

